

19th HAPPY CUP

International Tournament in Rhythmic Gymnastics

Ghent, BELGIUM

4-6/11/2016



Dear FIG affiliated Member Federation,
Dear friends,

HAPPY GYM BELGIUM has the pleasure to invite your federation / club to participate in the aforementioned official International Event.

| | |
|-----------------------------------|--|
| DISCIPLINE | Rhythmic Gymnastics |
| LOCAL ORGANIZING COMMITTEE | HAPPY GYM Mr. Edwin DE BACKER Moortelputstraat, 32 B-9031 GHENT – BELGIUM Tel: +32 – 9 – 281.02.22 Fax: +32 – 9 – 233.30.22 E-mail: happygym.rg@gmail.com Website: www.happygym.be |
| LOCATION | GHENT - BELGIUM |
| DATE | 4 – 6 / 11 / 2016 |
| VENUE | Sporthal "Keiskant" Keiskantstraat, 3 B- 9031 Gent - BELGIUM Tel.: +32 - 9 – 226.06.56 Fax: +32 - 9 - 236.12.89 |
| APPARATUS SUPPLIER | Janssen & Fritsen (supplier of Belgian federation) Reference number floor: 1790281 |
| RULES AND REGULATIONS | The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: <ul style="list-style-type: none">• Statutes• Technical Regulations• Code of Points and relevant Newsletters• General Judges' Rules• Specific Judges' Rules• Doping Control Rules• License rules (except for non competitive events)• Media Rules• Apparatus Norms• FIG Rules for Sanctioning (approval) of International Events• Advertising and Publicity Rules <i>and subsequent decisions of the FIG Executive Committee</i> |
| FEDERATIONS INVITED | The Organizing Member Federation will invite all Member Federations in good standing. |
| DELEGATION SIZE | 3 gymnasts 1 Judge compulsory 1 Coach |

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|-------------------------------------|--|-------------------------|------------|-------------------------|------------|-----------------------|------------|
| AGE LIMITS | Age groups: <ul style="list-style-type: none"> - Hopes: 9-10 years old (born 2006-2007) - Pre-juniors: 11-12 years old (born 2004-2005) Junior: 13-15 years old (born 2003- 2002- 2001) Senior: from 16 years old (born 2000 and earlier) | | | | | | |
| JUDGES AND JURIES | Each federation must bring a judge (FIG-brevet or national brevet is allowed). If your delegation chooses to participate without a judge, a fee of 50 € must be paid cash upon arrival. | | | | | | |
| REGISTRATION DEADLINES | <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="background-color: #f0f0f0;">Definitive registration</td> <td style="background-color: #f0f0f0;">15.08.2016</td> </tr> <tr> <td style="background-color: #f0f0f0;">Nominative registration</td> <td style="background-color: #f0f0f0;">15.09.2016</td> </tr> <tr> <td style="background-color: #f0f0f0;">Visa application form</td> <td style="background-color: #f0f0f0;">15.09.2016</td> </tr> </table> | Definitive registration | 15.08.2016 | Nominative registration | 15.09.2016 | Visa application form | 15.09.2016 |
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| ENTRY FEES | The Entry fee for this event will be 25,00 EUR per gymnast | | | | | | |
| ACCREDITATION | Accreditation will be given to all members of the delegation upon arrival and when all costs have been paid. | | | | | | |
| EVENT FORMAT | <ul style="list-style-type: none"> - Individual All-Round - Finals per apparatus (6 best gymnasts, maximum 1 per country). The organizing association (Happy Gym) has the right to add 1 gymnast in every final. | | | | | | |
| PROVISIONAL SCHEDULE | 03.11.2016: Arrival day of the delegations and meeting of the delegations 04.11.2016: Judges meeting and drawing of lots All-round competition (2 apparatus) 05.11.2016: All-round competition (2 apparatus) 06.11.2016: Touristic visit of the city Ghent Judges meeting and drawing of lots Finals per apparatus (13.30h) Final Banquet (21h) 07.11.2016: Departure of the delegations | | | | | | |
| EVENT MANAGER | Edwin De Backer | | | | | | |
| MEDICAL SERVICES | First Aid (EHBO), nurses, physiotherapist | | | | | | |
| VISA | Please verify immediately with your travel agent or the Belgian Embassy or Consulate in your country if a visa is required for your travel to Belgium. The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before 15.09.2016 to the LOC. The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to. | | | | | | |
| INSURANCE | The Host Federation, the Organizing Committee and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. The FIG Technical Regulations foresees that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation (except for gymnasts and judges). Delegation members with insufficient insurance cover must inform the LOC in advance. The LOC will subsequently offer insurance at the Federations own charge as follows: 10 EUR per person/day. | | | | | | |
| INTERNATIONAL TRANSPORTATION | The invited participating federations must pay for the travel costs of their delegation members. The Travel Schedule Form must be returned to the LOC by 01.10.2016 | | | | | | |
| LOCAL TRANSPORTATION | Local transportation (i.e. from/to the airport, railway station in Ghent as well as from/to the hotel and the Event and Training Halls) will be provided by LOC. | | | | | | |

HOTEL HOLIDAY INN EXPO

Maaltekouter, 3
 B-9051 Gent
 Tel.: +32 – 9 – 220.24.24
 Fax: +32 – 9 – 222.66.22
 Website: www.higentexpo.com

The invited participating delegations must pay for the accommodation expenses of their own delegation members as follows:

| Price for <u>5 persons</u> in the delegation | Price per additional person and/or night |
|--|--|
| From Thursday 03.11.2016 until Monday 07.11.2016 (morning) | |
| € 45 / person / night (double room and/or triple rooms) (sponsored rate rooms are limited) (breakfast included) | € 65 / person / night |
| € 75 / person / night (for a single room on demand) | |

ACCOMMODATION

Accommodation costs must be paid to the organizing committee by **cash** at the hotel upon arrival.

The prices charged for the hotel rooms will not exceed the usual hotel rates. While the Accommodation Form must be returned to the LOC by **01.10.2016** at the very latest.

The invited participating countries must pay for the accommodation expenses of their delegation members.

The costs for the accommodations must be paid to the LOC by cash upon arrival.

Cancellations or changes in the delegation have to be notified to the LOC before **15.10.2016**. Afterwards all costs will have to be paid and accommodation cannot be guaranteed.

MEALS

Breakfast is included in the accommodation expenses.

- Thursday: Dinner-boxes can be ordered; Costs: **€ 8,50**. Form must be returned by **27.10.2016**
- Friday – Saturday: Lunch and dinner will be provided by the organizers in the competition hall (for the delegations only)
- Sunday: Lunch will be provided by the organization in the competition hall. In the evening there will be a Final Banquet in the hotel for the delegations only.

FORMS & MUSIC

We ask you to send us:

- The Difficulty Forms in PDF
- The Music in MP3

To happyocup.rg@gmail.com by **15.10.2016**

FINAL BANQUET

The banquet will be held on Sunday after the finals and is free of charge for the participants.

Extra persons can buy tickets at the price of **€ 25** per person. The tickets of the Final Banquet must be paid to the LOC upon arrival.

Extra persons need to notify the LOC before **15.10.2016**.

FINANCIAL OBLIGATIONS

Federations which have not fulfilled their financial obligations towards the Local Organizing Committee by the given deadline in the invitation, may still have the possibility to participate, but the LOC will not guarantee the hotel booking, meals and local transportation.

MARKETING

FIG advertising and publicity norms must be respected

















MEDIA

Regional Belgian Television

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|------------------------------------|--|-------------------------|----------------|-------------------------|-------------------|-------------------|-------------------|--------------------|----------------|----------------------|----------------|------------------|-----------------|-----------|-----------------|------------------------------|-----------------|--------------------------|----------------------|------------------------------------|----------------------|
| SOCIAL MEDIA | Facebook: https://www.facebook.com/happygymbe Twitter: @happygymbe Website: www.happygym.be | | | | | | | | | | | | | | | | | | | | |
| CANCELLATION POLICY | Cancellations or changes in the delegation have to be notified to the LOC before 15.10.2016 . Afterwards all costs will have to be paid and accommodation cannot be guaranteed. No refund possible if later arrival or early departure. | | | | | | | | | | | | | | | | | | | | |
| DEADLINES SUMMARY | <table border="1"> <tr><td>Definitive Registration</td><td>15 August 2016</td></tr> <tr><td>Nominative Registration</td><td>15 September 2016</td></tr> <tr><td>Visa Request Form</td><td>15 September 2016</td></tr> <tr><td>Accommodation Form</td><td>1 October 2016</td></tr> <tr><td>Travel Schedule Form</td><td>1 October 2016</td></tr> <tr><td>Difficulty Forms</td><td>15 October 2016</td></tr> <tr><td>Music mp3</td><td>15 October 2016</td></tr> <tr><td>Form Dinner-box for Thursday</td><td>27 October 2016</td></tr> <tr><td>Payment of the Entry Fee</td><td>3 November (arrival)</td></tr> <tr><td>Payment of the Accommodation Costs</td><td>3 November (arrival)</td></tr> </table> | Definitive Registration | 15 August 2016 | Nominative Registration | 15 September 2016 | Visa Request Form | 15 September 2016 | Accommodation Form | 1 October 2016 | Travel Schedule Form | 1 October 2016 | Difficulty Forms | 15 October 2016 | Music mp3 | 15 October 2016 | Form Dinner-box for Thursday | 27 October 2016 | Payment of the Entry Fee | 3 November (arrival) | Payment of the Accommodation Costs | 3 November (arrival) |
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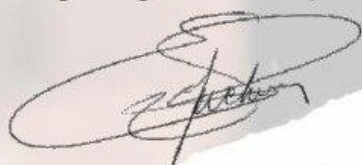
ADDITIONAL INFORMATION

CATEGORIES AND REGULATION

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|--|--|--|--|--------------|------|---|--------------------|------|----------------|----------------------|---|----------------|------------------------------|
| HOPES (*2006-2007) 3 routines | <p align="center">Without Apparatus</p> <p align="center">+</p> <p align="center"></p> <p align="center">+</p> <p align="center"> or </p> | <p>Difficulty (D):</p> <p>Max. 7 difficulties on the form (more is allowed, but cannot be written on the form)</p> <p>Min. 1 and max. 3 difficulties from each group of body movement</p> <p>Min. 1 dance step combination (8")</p> <p>Max. 3 R</p> | <p>Total:</p> <p><u>Without apparatus:</u> D – max. 5,00 E – max. 10,00 Total – max. 15,00</p> <p><u>Apparatus:</u> D – max. 6,00 E – max. 10,00 Total – max. 16,00</p> | | | | | | | | | | |
| PRE-JUNIORS (*2004-2005) 3 routines | <p align="center"></p> <p align="center">+</p> <p align="center"></p> <p align="center">+</p> <p align="center"> or </p> | <p>Difficulty (D):</p> <p>Max. 7 difficulties on the form (more is allowed, but cannot be written on the form)</p> <p>Min. 1 and max. 3 difficulties from each group of body movement</p> <p>Min. 1 dance step combination (8")</p> <p>Max. 3 R</p> | <p>Total:</p> <p><u>Without apparatus:</u> D – max. 6,00 E – max. 10,00 Total – max. 16,00</p> <p><u>Apparatus:</u> D – max. 7,00 E – max. 10,00 Total – max. 17,00</p> | | | | | | | | | | |
| JUNIORS (*2001-2003) FIG-program |  or  +  +  +  | | | | | | | | | | | | |
| SENIORS (*2000 and older) FIG-program |     | | | | | | | | | | | | |
| FINALS | <p>Maximum 1 gymnast per country. The organizing club (Happy Gym) can add 1 gymnast in every final (all categories).</p> <table border="1"> <tr> <td>Hopes</td> <td>Rope</td> <td rowspan="2">First 6 gymnasts from the all-round competition</td> </tr> <tr> <td>Pre-Juniors</td> <td>Hoop</td> </tr> <tr> <td>Juniors</td> <td>Hoop, Ball and Clubs</td> <td rowspan="2">First 6 gymnasts in each apparatus of the all-round competition</td> </tr> <tr> <td>Seniors</td> <td>Hoop, Ball, Clubs and Ribbon</td> </tr> </table> | | | Hopes | Rope | First 6 gymnasts from the all-round competition | Pre-Juniors | Hoop | Juniors | Hoop, Ball and Clubs | First 6 gymnasts in each apparatus of the all-round competition | Seniors | Hoop, Ball, Clubs and Ribbon |
| Hopes | Rope | First 6 gymnasts from the all-round competition | | | | | | | | | | | |
| Pre-Juniors | Hoop | | | | | | | | | | | | |
| Juniors | Hoop, Ball and Clubs | First 6 gymnasts in each apparatus of the all-round competition | | | | | | | | | | | |
| Seniors | Hoop, Ball, Clubs and Ribbon | | | | | | | | | | | | |

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|----------------------------|---|
| D-FORMS & MUSIC | D-Forms and music's (mp3) must be send no later than 15.10.2016 to happygym.be@gmail.com |
| DEMO GALA | On Sunday November 6th 2016 , after all finals and before the price ceremony for teams, there will be a small Demonstration Gala. Gymnasts are welcome to present 1 short exhibition (max. 3 min). Clubs can let us know by e-mail (happygym.be@gmail.com) before 01.11.2016 . It is possible we will not be able to accept all demonstrations due to the time limit (max. 10 demonstrations, including the demonstration of the organizing club). |
| PRICES | The winner in every category will receive a trophy and a medal. Second and third place will receive medals. The Hopes and Pre-Juniors will have awards for every age separately. There will also be team-awards. First price is attributed to the team that scored highest with their 3 gymnasts (1 senior, 1 junior + 1 youngster (hope or pre-junior)). The points will be calculated with percentages. |

The organising committee hopes to see you in Ghent,



E. DE BACKER
President Happy Gym Ghent
Belgium
www.happygym.be



Mira BANCHEVA
Head Coach

