



## INTERNATIONAL RHYTHMIC GYMNASTIC TOURNAMENT

16-18.10.2015, Plovdiv, Bulgaria

RHYTHMIC GYMNASTICS CLUB TRAKIA ELIT  
BRGF AND THE MUNICIPALITY of PLOVDIV

[trakiaelitplovdiv@abv.bg](mailto:trakiaelitplovdiv@abv.bg)

<https://www.facebook.com/trakiaelit>

## INVITATION

Dear RG Friends,

We are pleased to invite you to our International Rhythmic Gymnastics Tournament, which will take place in Plovdiv, BULGARIA, from 16 to 18 October 2015.

Dates:

International Competition 16 - 18 October 2015.

Competition Venue:

Plovdiv University Sports Hall



Invited Teams:

Spain, Italy, France, Norway, Russia, Greece, Turkey, Portugal, others

Organising Committee:

Sport club Trakia –Elit, Municipality of Plovdiv, BRGF

Size of Delegation:

A team of 9 gymnasts (3 benjamins, 3 pre-junior and 3 junior gymnasts), 1 coach and 1 judge (total of 11 persons) + groups – pre-junior, junior and senior gymnasts.

Accommodation:

Gymnasts, judges and coaches will be accommodated in Hotel Imperial in Plovdiv.  
€ 50 per person per day.

Meals – breakfast, lunch and dinner are included

<http://hotelimperial.bg/> Reservations will be made by the organizing club.

Transportation:

International travel and costs are responsibilities of each team. The organizing committee could provide transportation from Sofia airport – 50 € per person /Sofia-Plovdiv-Sofia/.

Expenses:

All expenses for accommodation, entries, travel expenses, medical insurance and visa (if applicable) are to be borne by participating teams.



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**Schedule:**

**15 th of October 2015**  
**Thursday**

**Arrival**

**Official training sessions**  
**Technical Meeting**

**16 th of October 2015**  
**Friday**

**Judges Meeting**  
**Competition**  
**Awarding Ceremony**

**17 th of October 2015**  
**Saturday**

**Judges Meeting**  
**Competition**  
**Awarding Ceremony**  
**Official Banquet**

**18 th of October 2015**  
**Sunday**

**Judges Meeting**  
**Competition**  
**Awarding Ceremony**

**19 th of October 2015**  
**Monday**

**Departure**

**Entry fees:**

**€ 30 per gymnast / € 60 per group**  
**Payments of 100 % each Entry fee:**  
**Before 15<sup>th</sup> of September 2015**  
**Each participating member Federation is kindly**  
**requested to integrate the payment's purpose as**  
**follows:**  
**SKHG Trakia-Elit**  
**Plovdiv, 10 bul.Iztochen**  
**Bank DSK EAD BIC: STSABGSF**  
**IBAN: BG98STSA93000002615968**  
**The participating federation is responsible for**  
**covering all bank fees in connection with the bank**  
**transfers**

**Competition forms:**

**The team has to submit 8 copies of the forms for**  
**each routine upon arrival.**

**Entries:**

**Please note the following deadlines:**  
**Preliminary entry:**  
**Before 01<sup>st</sup> of August 2015**



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### Definitive entry

**Before 01th of September 2015**

### Visa request:

**Before 15<sup>th</sup> of August 2015 or earlier**

### Nominative entry:

**Before 05<sup>th</sup> of September 2015**

Mrs. Anastasia Genova – head coach of Sport club “Trakia-Elit”

Mobile: +359 886 848348 E-mail: [trakiaelitplovdiv@abv.bg](mailto:trakiaelitplovdiv@abv.bg)

[https://www.facebook.com/TrakiaElitPlovdiv/photos\\_stream\\_from\\_year\\_2014](https://www.facebook.com/TrakiaElitPlovdiv/photos_stream_from_year_2014)

All delegations will be informed after registration about training possibilities, technical meeting and ceremony. Please bring with you on technical meeting the official flag of your country for the ceremony.

## Programme

Category	Ages	Apparatus	Requirements	Competition
Benjamins	Born: 10y. or younger	<ul style="list-style-type: none"> <li>Free Hand</li> <li>App by choice</li> </ul>	<ul style="list-style-type: none"> <li>D–Max 4.00pts. 4-8 difficulties</li> <li>D-Max 5.00pts. 4-7 difficulties FIG Rules</li> </ul>	<ul style="list-style-type: none"> <li>All-around</li> </ul>
Pre - Juniors	Born: 2003 and 2004 (11-12 y.)	<ul style="list-style-type: none"> <li>Free hand</li> <li>Hoop</li> <li>App by choice</li> </ul>	<ul style="list-style-type: none"> <li>D- Max 5.00 pts.</li> <li>D- Max 6.00 pts.</li> <li>D- Max 6.00 pts 4-7 difficulties FIG Rules</li> </ul>	<ul style="list-style-type: none"> <li>All-around</li> </ul>
Juniors	Born: 2002, 2001 and 2000 (13-15 y.)	<ul style="list-style-type: none"> <li>Rope</li> <li>Hoop</li> <li>Ball</li> <li>Clubs</li> </ul>	<ul style="list-style-type: none"> <li>D- Max 8.00pts. FIG Rules</li> </ul>	<ul style="list-style-type: none"> <li>All-around</li> </ul>
<b>Groups</b>				
Benjamins		<ul style="list-style-type: none"> <li>by choice</li> </ul>	<ul style="list-style-type: none"> <li>D- Max 6.00 pts, 4 difficulties 4 changes and 4 diff body Min. 6 collab. Max. 1 risk Min. 1 serie rhythmic steps E – Max. 10.00 pts</li> </ul>	<ul style="list-style-type: none"> <li>All-around</li> </ul>
Pre - Juniors		<ul style="list-style-type: none"> <li>by choice</li> </ul>	<ul style="list-style-type: none"> <li>D- Max. 7.00 pts, 8 difficulties 4 changes and 4 diff body Min. 6 collab. Max. 1 risk Min. 1 serie rhythmic steps E – Max. 10.00 pts</li> </ul>	<ul style="list-style-type: none"> <li>All-around</li> </ul>
Juniors		<ul style="list-style-type: none"> <li>by choice</li> </ul>	<ul style="list-style-type: none"> <li>D- Max. 9.00 pts, 10 difficulties 5 changes and 5 diff body Min. 6 collab. Max. 1 risk Min. 1 serie rhythmic steps E – Max. 10.00 pts</li> </ul>	<ul style="list-style-type: none"> <li>All-around</li> </ul>



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## NOMINATIVE REGISTRATION

DEADLINE: September 05, 2015

CLUB NAME: \_\_\_\_\_

CITY: \_\_\_\_\_ COUNTRY: \_\_\_\_\_

HEAD COACH: \_\_\_\_\_ CONTACT NAME: \_\_\_\_\_

E-MAIL: \_\_\_\_\_

LIST ALL GYMNASTS ATTENDING COMPETITION:

No	GYMNAST NAME (First/Last)	DATE OF BIRTH (D/M/Y)	CATEGORY	APPARATUS
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				

- COACH: \_\_\_\_\_
- JUDGE: \_\_\_\_\_, QUALIFICATION  
(WHERE RELEVANT)
- NUMBER OF EXTRA PERSONS: \_\_\_\_\_
- HOTEL ROOMS NEEDED FOR DELEGATION: \_\_\_\_\_